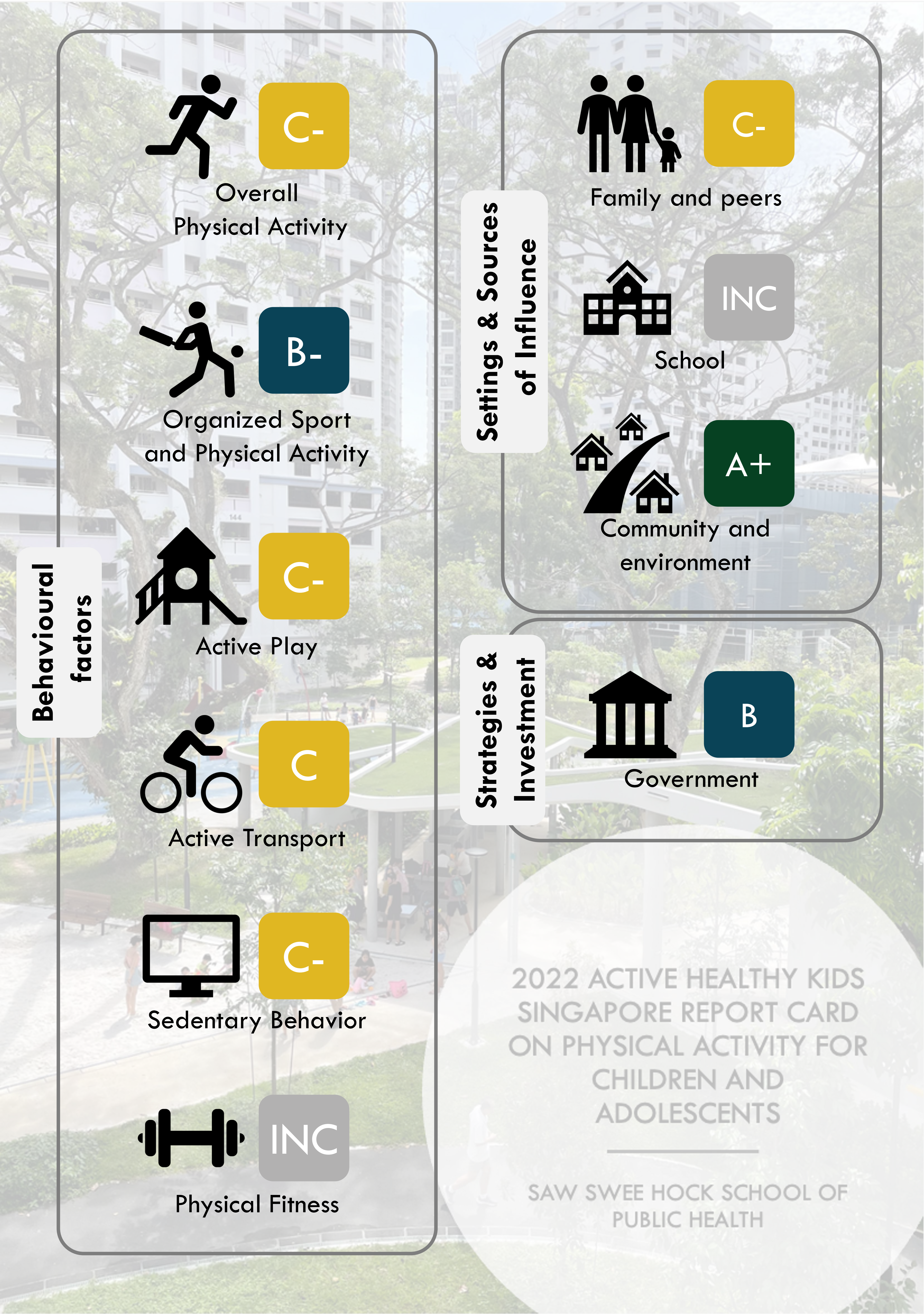


Singapore 2022 Report Card on Physical Activity in Children and Adolescents

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CONCLUSION

Along with 56 countries, the Global Matrix 4.0 was applied in this first comprehensive evaluation of the physical activity landscape among children and adolescents in Singapore.

Contribution by stakeholders from both the government and non-government sectors has facilitated the process. Common limitations such as the lack of access to some available data and the lack of nationally representative data for certain indicators or age groups were faced by the Research Work Group.

Overall, with a supportive government, Singapore has fared well in organizing the community and the environment to support physical activity among the young. However, behavioral indicators were not optimal. As such, additional efforts are required to strengthen frequency and quality of surveillance efforts, as well as the development and evaluation of strategies to promote key behaviours.

Long and short formats of the report are available at the PANDA blogsite.

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