



FINLAND'S 2022 REPORT CARD

PHYSICAL ACTIVITY FOR SCHOOL-AGED CHILDREN AND ADOLESCENTS

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OVERALL PHYSICAL ACTIVITY

A-

80–86%

ORGANISED SPORT AND PHYSICAL ACTIVITY

C+

54–59%



ACTIVE PLAY

C-

40–46%

ACTIVE TRANSPORTATION

B+

74–79%

PHYSICAL FITNESS

C-

40–46%

SEDENTARY BEHAVIOURS

INC

FAMILY AND PEERS

B-

60–66%

SCHOOL

B

67–73%

COMMUNITY AND THE BUILT ENVIRONMENT

B

67–73%

GOVERNMENT STRATEGIES AND INVESTMENTS

A-

80–86%



A

80–100%

B

60–79%

C

40–59%

D

20–39%

F

< 20%

-

INC