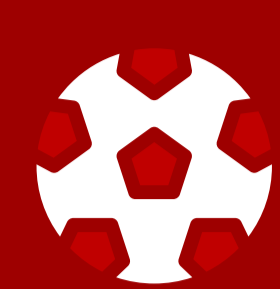





Key evidence-based priorities for CROATIA:

-  improve physical activity among girls
-  reduce screen time among boys
-  improve parental support for physical activity
-  further develop national physical activity policies

Physical activity of children and adolescents in **Croatia**: Global Matrix 4.0 report

INTRODUCTION

The aim of this study was to summarise evidence on physical activity of Croatian children and adolescents and associated personal, social, environmental, and policy factors.

METHODS

18 experts reviewed the available evidence and provided ratings (from the lowest grade „F” to the highest grade „A+”) for 10 Global Matrix indicators. A systematic search with 100 keywords was conducted for documents published from 01/01/2012 to 15/04/2022

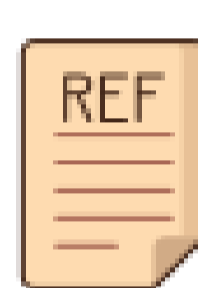
CONCLUSION

Coordinated actions should be taken across different sectors to improve physical activity promotion, with a focus on increasing physical activity among girls, reducing sedentary screen time among boys, improving parental support for physical activity, and further development of national physical activity policies

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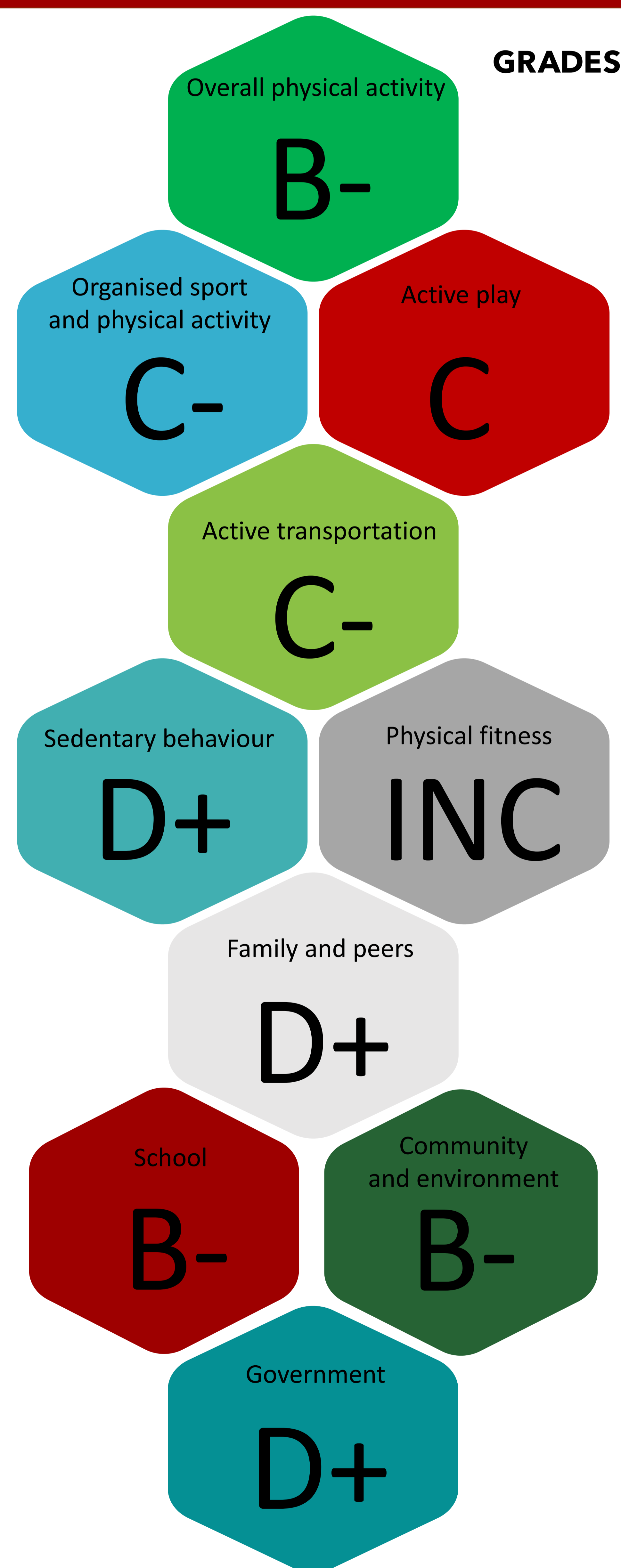
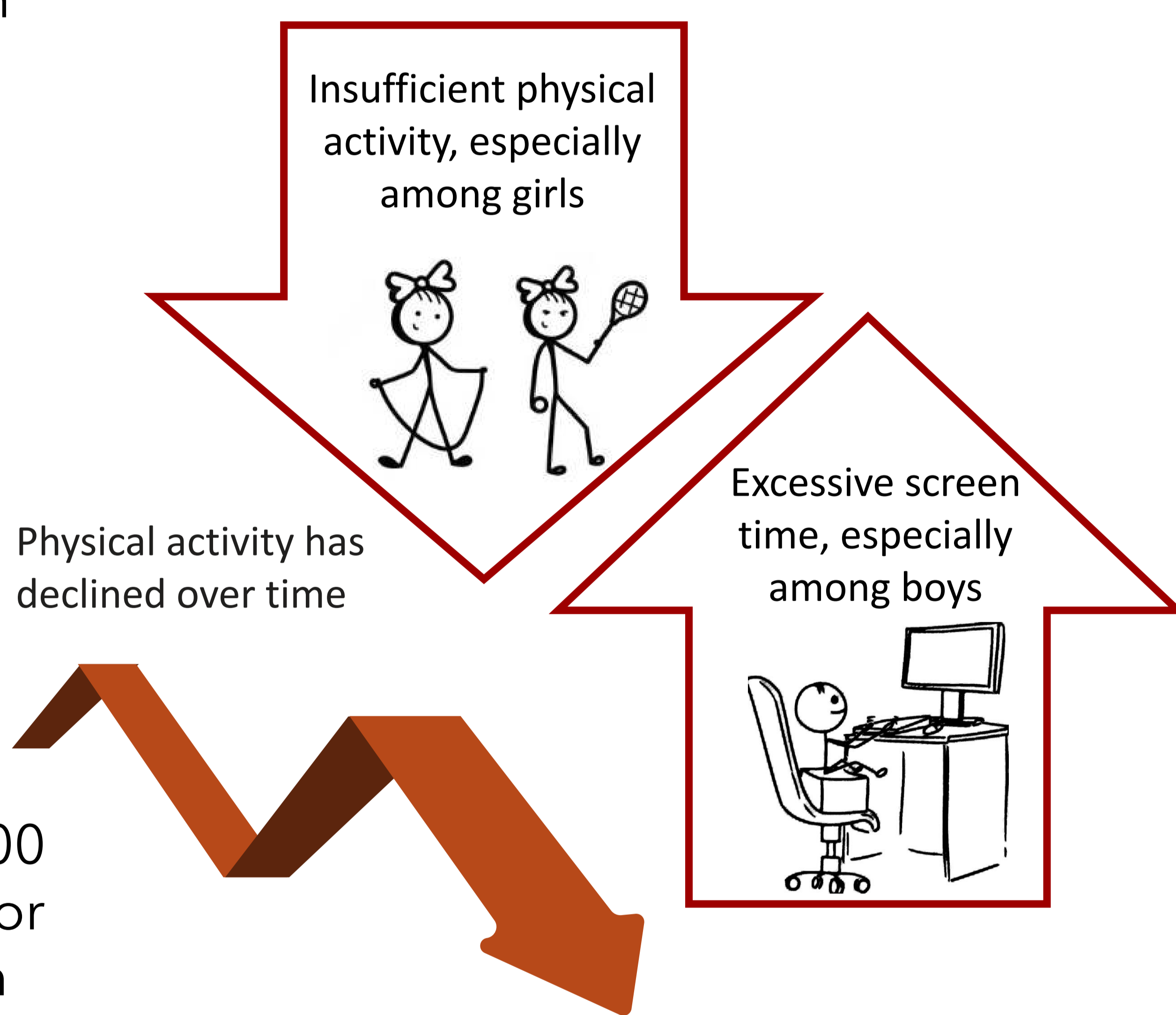
RESULTS



7,562 screened references



90 included studies



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