



# Future studies collecting objectively measured data on physical activity and its main determinants are warranted to address the gaps identified in Slovakia's Report Card.

## Results from Slovakia's 2022 Report Card on Physical Activity for Children and Youth.

### INTRO

- The data for several physical activity indicators were compiled into the first Slovakia's Report Card on Physical Activity for Children and Youth developed as a part of the Global Matrix 4.0 project led by Active Healthy Kids Global Alliance.

### METHODS

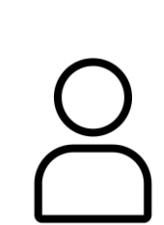
- Multi-level search strategy.
- N = 20 sources.
- Years 2015 – 2020.
- Pre-COVID-19 data.
- 11 indicators.

### RESULTS

- Grade B** was assigned to four indicators:
  - School: B
  - Overall Physical Activity: B–
  - Community and Environment: B–
  - Government: B–
- Grade C** to the six indicators:
  - Active Transportation: C
  - Organized Sport and Physical Activity: C–
  - Active Play: C–
  - Sedentary Behaviours: C–
  - Family and Peers: C–
  - Sleep: C–
- Grade D** to one indicator:
  - Physical Fitness: D+

### DISCUSSION

- Almost all of grades of physical activity indicators are generally favourable.
- Future studies collecting objectively measured data on physical activity and its main determinants are warranted to address the gaps identified in the Report Card.



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### FUNDING

This research was funded by the Faculty of Sports, University of Prešov, Slovakia.

