



Please join us in our quest to
"power the movement to get kids moving",
for their health and well-being, and that of
their families and communities."

Mark Tremblay,
AHKGA President

How to join

- Visit www.activehealthykids.org to learn more about the Active Healthy Kids Global Alliance (AHKGA) and Global Matrix initiative.
- Contact AHKGA at info@activehealthykids.org with any questions and/or to express interest in participating in the **Global Matrix 5.0**.



Global Matrix 5.0

Registration opens: January 15th 2024

Release event: Fall 2026



Contact us

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Our Partners



GLOBAL MATRIX 5.0

**on physical activity
for children and adolescents**

2024-2026



www.activehealthykids.org

About AHKGA



AHKGA is a registered not-for-profit organization made up of researchers, health professionals, and

stakeholders who work together to advance physical activity in children and adolescents around the world.

AHKGA's **vision** is a world of active healthy kids. AHKGA's **mission** is to power the global movement to get kids moving through thought leadership, knowledge translation and mobilization, capacity building, and advocacy.

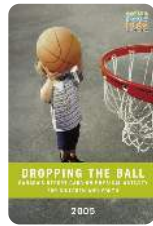
The dominant effort of the AHKGA to date has been its **Global Matrix** initiative.

About Global Matrix

Global Matrix initiative involves the production and subsequent comparison of country-specific **Report Cards on Physical Activity for Children and Adolescents**, using a harmonized process to assess and assign letter grades to a number of common physical activity indicators:

- Overall Physical Activity
- Organized Sport Participation
- Active Transportation
- Active Play
- Sedentary Behaviour
- Physical Fitness
- School
- Family and Peers
- Community and Environment
- Government

AHKGA historical timeline



2005

Due to growing concerns of physical inactivity among kids in Canada, the **first Report Card on Physical Activity** for Children and Youth was released by the not-for-profit organization **Active Healthy Kids Canada**.

2014

Toronto, Canada - Active Healthy Kids Canada organized the **Global Summit** on the Physical Activity of Children.



Due to the success of the Global Summit, the **AHKGA** was established.

2016

Bangkok, Thailand - The **Global Matrix 2.0** was released on November 26th 2016 featuring participation from **38 countries**.

2018

May 25th 2018 - AHKGA officially became **incorporated** as a not-for-profit organization.



2022

Abu Dhabi, United Arab Emirates - The **Global Matrix 4.0** was released at the ISPAH 2022 Congress on October 24th 2022 featuring data from **57 countries** from six continents.

2024

January 15th 2024 - Registration for the **Global Matrix 5.0** opens.

Impact of AHKGA

Global Matrix 1.0 to 4.0

- > **70 countries/jurisdictions** have registered for the Global Matrix initiative at least once
- > **1600 experts** from around the world have been involved in the development of Report Cards on Physical Activity for Children and Adolescents

Global Network Map for the Global Matrix 4.0



- Country **Report Cards** have been shown to be **very effective and influential** across multiple sectors (e.g., academia, research, education, recreation, health, policy, surveillance, and fundraising) for:
 - capacity building
 - addressing research gaps
 - creating awareness
 - transferring interventions policies and practices
 - improving surveillance
 - advocacy purposes

- Significant academic outputs** have been accrued from the Report Cards release, including:

- > 300 presentations
- > 200 publications
- > 6000 citations