



1st International FitBack-Active Healthy Kids Joint

Symposium, May 24th, 2023, from 14:00 to 16.00 CEST

This online webinar, hosted by the **FitBack network** and the **Active Healthy Kids Global Alliance**, will promote physical activity and healthy living among children and youth worldwide. Chaired by Professor **Gregor Jurak** and Professor **Mark Tremblay**, with the participating speakers **Dr. Salome Aubert** and **Dr. Francisco B. Ortega,** the symposium will feature esteemed speakers and a **Q&A** session.

Detailed agenda for present online symposium

- 14.00-14.05 Welcome and Introductions on Behalf of AHKGA and FitBack, Meeting Chairs Professor Gregor Jurak & Professor Mark Tremblay
- 14.05-14.15 Brief Summary of FitBack: What we are, what we have produced, what we are offering today to network members, about short-term plans (FitBack4Literacy project), how to join (speaker Gregor Jurak)
- 14.15-14.25 Brief Summary of AHKGA: what we are, what we offer, how to join, plans for national report cards and Global Matrix 5.0. (speaker Mark Tremblay)
- 14.25-14.50 Fitness grading gaps and difficulties in the AHKGA National Report Cards and Global Matrix (AHKGA speaker: Dr Salome Aubert) & How FitBack might help fill these gaps
- Q & A on the above **14.50-15.05** then active break 15.05-15.15.
- 15.15-15.30 + 10 minute Q & A to 15.40 Methodological problems in fitness assessment forfitness surveillance of children and adolescents-what is the way forward? (FitBack speaker: Dr. Francisco B. Ortega)
- 15.40-16.00 Open Discussion, chaired by Gregor Jurak & Mark Tremblay, on how the FitBack-AHKGA partnership should evolve.

For more information, please visit the following links

- www.fitbackeurope.eu
- https://www.activehealthykids.org

