1st International FitBack-Active Healthy Kids Joint Symposium, May 24th, 2023, from 14:00 to 16.00 CEST

This online webinar, hosted by the FitBack network and the Active Healthy Kids Global Alliance, will promote physical activity and healthy living among children and youth worldwide. Chaired by Professor Gregor Jurak and Professor Mark Tremblay, with the participating speakers Dr. Salome Aubert and Dr. Francisco B. Ortega, the symposium will feature esteemed speakers and a Q&A session.

Detailed agenda for present online symposium

- **14.00-14.05** Welcome and Introductions on Behalf of AHKGA and FitBack, Meeting Chairs Professor Gregor Jurak & Professor Mark Tremblay
- **14.05-14.15** Brief Summary of FitBack: What we are, what we have produced, what we are offering today to network members, about short-term plans (FitBack4Literacy project), how to join (speaker Gregor Jurak)
- **14.15-14.25** Brief Summary of AHKGA: what we are, what we offer, how to join, plans for national report cards and Global Matrix 5.0. (speaker Mark Tremblay)
- **14.25-14.50** Fitness grading gaps and difficulties in the AHKGA National Report Cards and Global Matrix (AHKGA speaker: Dr Salome Aubert) & How FitBack might help fill these gaps
- Q & A on the above **14.50-15.05** then active break 15.05-15.15.
- **15.15-15.30 + 10 minute** Q & A to **15.40** – Methodological problems in fitness assessment for fitness surveillance of children and adolescents-what is the way forward? (FitBack speaker: Dr. Francisco B. Ortega)
- **15.40- 16.00** Open Discussion, chaired by Gregor Jurak & Mark Tremblay, on how the FitBack-AHKGA partnership should evolve.

For more information, please visit the following links

- [www.fitbackeurope.eu](http://www.fitbackeurope.eu)
- [https://www.activehealthykids.org](https://www.activehealthykids.org)