

2022 Report Card on Physical Activity for Children and Adolescents – Schematic



Nepal



Global Matrix 4.0 indicator grades

Grades awarded

2022

1. Overall Physical activity



D +

2. Organized sport and physical activity



C -

3. Active play



C +

4. Active transportation



C

5. Sedentary behaviors



C

6. Physical fitness



INC

7. Family and peers



A +

8. School



C

9. Community and environment



C

10. Government



F

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