

CHILDREN AND YOUTH ARE THE FUTURE OF BRAZIL!

REPORT CARD BRAZIL 2022



Purpose

The Bulletin assesses the level of physical activity of children and adolescents in different domains and the presence and implementation of strategies to promote physical activity.

The marks were assigned considering the international classification scheme for the Global Matrix 4.0 project..



Conclusion

Brazil had a moderate to weak performance in all the analyzed indicators. In this sense, it is suggested that more Physical Education classes per week be offered in schools and that more investments in actions and programs to promote physical activity and sport are priorities in the country.



DAILY BEHAVIORS

Overall Physical Activity	D
Organized Sport and Physical	C-
Active Play	F
Active Transportation	C
Sedentary Behaviours	D
Sleep	C



HEALTH OUTCOMES

Physical Fitness	D+
Obesity	11,7%
Poor Mental Health	37,8%



SOURCES OF INFLUENCE

Family and Peers	C-
School	B
Community and Environment	C

GOVERNMENT STRATEGIES AND INVESTMENTS

D+

