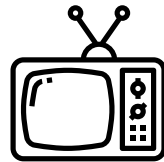


# A SPOTLIGHT ON INEQUALITY: THE 2021 ACTIVE HEALTHY KIDS SCOTLAND REPORT CARD

\*PRE-PANDEMIC

Indicator	Grade
Screen time *	<b>F</b> <20% meet guidelines
Overall Physical Activity	<b>INC</b>
Organised Sport & Physical Activity	<b>B-</b> 60-66% participation
Active Play	<b>INC</b>
Active Transportation	<b>C-</b> 40-46% engagement
Physical Fitness	<b>INC</b>
Diet	<b>INC</b>
Obesity	<b>INC</b>
Family and Peers	<b>D-</b> 20-26% involvement
Community and Environment	<b>B-</b> 60-66% have access to safe local outdoor space
Government	<b>C</b> (Physical activity) <b>C+</b> (Diet)



Exceeding 2hr/day of TV time:



Exceeding 2hr/day of gaming:



Not engaging in sport:



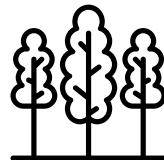
With obesity in Primary 1:



Adults volunteered in sport:



Meeting physical activity guidelines:



Have safe outdoor spaces:

	More deprived	Less deprived
Exceeding 2hr/day of TV time:	<b>74%</b>	<b>60%</b>
Exceeding 2hr/day of gaming:	<b>61%</b>	<b>49%</b>
Not engaging in sport:	<b>53%</b>	<b>18%</b>
With obesity in Primary 1:	<b>14%</b>	<b>6%</b>
Adults volunteered in sport:	<b>16%</b>	<b>33%</b>
Meeting physical activity guidelines:	<b>13%</b>	<b>19%</b>
Have safe outdoor spaces:	<b>50%</b>	<b>72%</b>

Inequalities also exist between more and less deprived children in: Computer time, Outdoor excursions, Diet and Access to safe outdoor spaces. More information is needed about inequalities in Active Play and Fitness.

INC: inconclusive, insufficient evidence to grade;  
\*Screen time is referred to as 'Sedentary Behaviours' in other Report Card documents.

Further information on the methodology, grading, data sources and inequalities can be found in the Active Healthy Kids Scotland Report Card (long form) available at <https://www.activehealthykidsscotland.co.uk/>.

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