After a very busy year in 2018, with the release of the Global Matrix 3.0, the Active Healthy Kids Global Alliance had a much quieter year in 2019. Nevertheless, as you will see in the 2019 Annual Report, significant efforts were made to disseminate the work from the Global Matrix 3.0 and the 49 country Report Cards. Presentations were made around the world by country leaders and several additional peer-reviewed manuscripts were published. We celebrated the 30th anniversary of the United Nations Convention on the Rights of the Child. Planning for the Global Matrix 4.0 began with excitement about engaging more countries than ever before. Several administrative advancements were made and explorations for funding continued. Please join us in our quest to “power the movement to get kids moving”, for their health and wellbeing, and that of their families and communities. I hope you enjoy our 2019 Annual Report.

Mark Tremblay, PhD, DLitt (hons), FCSEP, FACSM, FCAHS, CSEP-CEP
President, Active Healthy Kids Global Alliance

Board of Directors

Peter Katzmarzyk
Vice President and North American Representative (USA)

Natasha Schranz
Secretary and Oceania Representative (Australia)

Joel Barnes
Treasurer and Webmaster (Canada)

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Marketing and Activation Representative (Poland)

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African Representative (Ghana)

John Reilly
Europe Representative (Scotland)

Stephen Wong
Asian Representative (Hong Kong)

Support

Salomé Aubert
Research Coordinator (France) (Non-Voting)

Iryna Demchenko
Research Coordinator (Canada) (Non-Voting)

Evan Turner
Intern (Canada) (Non-Voting)

AHKGA is a not-for-profit organization with a goal of promoting physical activity of children and youth worldwide.
2019 vs 2018

1,701 citations on 137 articles published between 2011-2019

@activehealthyk1

activehealthykids.org

35.29% increase in users
16,507 vs 12,201

36.64% increase in pageviews
55,186 vs 40,388

5.04% longer avg. session duration 2m44s vs 2m36s

Global Matrix and Report Card Citations

1,701 citations on 137 articles published between 2011-2019
Planning for the **Global Matrix 4.0** with a target of 75 countries
Impact of the Global Matrices

New national surveillance study in China

Chile’s Report Card working group partnered with the Ministry of Health to help promote physical activity

Ghana’s Report Card working group helped to develop new physical education and sport policies

Network of 513 individuals involved in the Global Matrix 3.0

New National Conference to present findings from the Dutch Report Card

The International Impact of the Active Healthy Kids Global Alliance Physical Activity Report Cards for Children and Youth

Salomé Aubert, Joel D. Barnes, Megan L. Forse, Evan Turner, Silvia A. González, Jakub Kalinowski, Peter T. Katzmarzyk, Eun-Young Lee, Reginald Ocansey, John J. Reilly, Natasha Schranz, Leigh M. Vanderloo, and Mark S. Tremblay
2019 Conference presentations related to the Report Cards or Global Matrices
(listed alphabetically by lead author).


**Chang CK.** Special Symposium on Kids and Youth Physical Activity in Asia Region I: Current Situation and Future. Taiwan International Conference on Physical Activity and Exercise Sciences, 2019. Taiwan.

**Chang CK.** Special Symposium on Kids and Youth Physical Activity in Asia Region II: Policy, Strategy and Future Development. Taiwan International Conference on Physical Activity and Exercise Sciences, 2019. Taiwan.

**Chrismas B.** Physical activity in Qatar: past, present, and future. Sciences and Applied Sciences cluster seminar, Qatar University College of Arts and Sciences, 2019. Qatar.

**Gába A.** Results from the Czech Republic’s 2018 Report Card on Physical Activity for Children and Youth. ISBNPA, 2019. Czech Republic.


**Khan A.** Special Symposium on Kids and Youth Physical Activity in Asia Region I: Current Situation and Future. Taiwan International Conference on Physical Activity and Exercise Sciences, 2019. Taiwan.

**Khan A.** Special Symposium on Kids and Youth Physical Activity in Asia Region II: Policy, Strategy and Future Development. Taiwan International Conference on Physical Activity and Exercise Sciences, 2019. Taiwan.

**Lee EY.** Highlights of Report Card grades from 12 Asian countries that participated in the Global Matrix 3.0. ISBNPA, 2019. Czech Republic.

**Lee EY.** Special Symposium on Kids and Youth Physical Activity in Asia Region I: Current Situation and Future. Taiwan International Conference on Physical Activity and Exercise Sciences, 2019. Taiwan.

**Lee EY.** Special Symposium on Kids and Youth Physical Activity in Asia Region II: Policy, Strategy and Future Development. Taiwan International Conference on Physical Activity and Exercise Sciences, 2019. Taiwan.
2019 Conference presentations related to the Report Cards or Global Matrices
(listed alphabetically by lead author).


Liu Y. Special Symposium on Kids and Youth Physical Activity in Asia Region I: Current Situation and Future. Taiwan International Conference on Physical Activity and Exercise Sciences, 2019. Taiwan.

Liu Y. Special Symposium on Kids and Youth Physical Activity in Asia Region II: Policy, Strategy and Future Development. Taiwan International Conference on Physical Activity and Exercise Sciences, 2019. Taiwan.


Saonuam P. Special Symposium on Kids and Youth Physical Activity in Asia Region I: Current Situation and Future. Taiwan International Conference on Physical Activity and Exercise Sciences, 2019. Taiwan.

Saonuam P. Special Symposium on Kids and Youth Physical Activity in Asia Region II: Policy, Strategy and Future Development. Taiwan International Conference on Physical Activity and Exercise Sciences, 2019. Taiwan.


Tomassen CB. Children’s access to organized sports. Denmark National Active Healthy Kids Conference, 2019. Denmark.


Tremblay MS. Active Healthy Kids Global Alliance: Powering the movement to get kids moving. School of Epidemiology and Public Health, University of Ottawa, Graduate Seminar, 2019. Canada.

Tremblay MS. Connecting research with action to get more children active. MOVE Congress, 2019. Hungary.


Wong S. Special Symposium on Kids and Youth Physical Activity in Asia Region I: Current Situation and Future. Taiwan International Conference on Physical Activity and Exercise Sciences, 2019. Taiwan.

Wong S. Special Symposium on Kids and Youth Physical Activity in Asia Region II: Policy, Strategy and Future Development. Taiwan International Conference on Physical Activity and Exercise Sciences, 2019. Taiwan.


Financial Review

Income
$30,241.80

- Divestments/Investments: 6.8%
- Global Matrix Registrations: 6.3%
- Strategic Partner Expenses: 63.8%
- Scientific Publishing: 20.8%
- Other: 8%

Balance Carried Forward: 86.9%

Expenses
$28,953.73

- Professional Fees: 7.4%
- Strategic Partner Expenses: 63.8%
- Scientific Publishing: 20.8%
- Other: 8%
Contact Us

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