



ACTIVE HEALTHY KIDS

GLOBAL ALLIANCE



ANNUAL REPORT
2018

The Active Healthy Kids Global Alliance is a not-for-profit organization with a goal of promoting physical activity of children and youth worldwide.

Message From the President



It is my privilege to serve as the inaugural President of the Active Healthy Kids Global Alliance (AHKGA). While the AHKGA has been around since 2014, 2018 was an historic year. After a strategic planning session in Canada in January 2018, the process of registering the AHKGA as a not-for-profit corporation in Canada began and ended in May, 2018. In November 2018, the Global Matrix 3.0 was released in beautiful Adelaide, Australia, with 49 countries releasing report cards. Based on these findings it is clear that we have a lot more to do to "power the movement to get kids moving" and contribute to their healthy growth and development. In 2019 we will celebrate the 30th anniversary of the United Nations Convention on the Rights of the Child - which clearly supports to mission and vision of the AHKGA. Please join us in our quest to recalibrate the physical activity behaviours of children around the world. I hope you enjoy glancing through our 2018 Annual Report.

Mark Tremblay, PhD, DLitt (hons), F-CSEP, FACSM, CSEP-CEP
President, Active Healthy Kids Global Alliance



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Peter Katzmarzyk
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Jakub Kalinowski
Marketing and Activation Representative (Poland)



Salomé Aubert
Research Coordinator (France) (Non-Voting)

A BRIEF HISTORY OF THE ACTIVE HEALTHY KIDS GLOBAL ALLIANCE

2005

Due to growing concerns of [physical inactivity](#) among kids in Canada, the [first](#) Report Card on Physical Activity for Children and Youth was released by the not-for-profit organization [Active Healthy Kids Canada](#).

2014

[Toronto, Canada](#) - Active Healthy Kids Canada organized the [Global Summit](#) on the Physical Activity of Children.

Due to the success of the Global Summit, the [Active Healthy Kids Global Alliance](#) (AHKGA) was established.

At the Global Summit [15 countries](#) simultaneously released their respective [country-specific Report Cards](#) on physical activity for children and youth. Together this created the [Global Matrix 1.0](#).

2016

[Bangkok, Thailand](#) -

The [Global Matrix 2.0](#) was released on November 26th, 2016 featuring participation from [38 countries](#).

2018

[May 25th, 2018](#) - AHKGA officially became [incorporated](#) as a not-for-profit organization.

[Adelaide, Australia](#) - The [Global Matrix 3.0](#) was released at the [Movement To Move](#) event on November 27th, 2018 featuring data from [49 countries](#) from six continents.

OUR IMPACT



Participating

513

AHKGA members representing 6 continents.

200

Delegates from 30 countries attended the Movement to Move conference in Adelaide, AU to release the **Global Matrix 3.0**

49

Countries released their respective Report Cards on Physical Activity for Children and Youth.

2018

STRATEGIC PLANNING

Calabogie Resort - January 18-21, 2018

After approximately 4 years (2014-2018) of operating as an unofficial organization, a strategic planning session was held with the executive committee at Calabogie Resorts outside of Ottawa to discuss the future of the organization.

To continue to effectively pursue its vision and mission it was determined necessary for the AHKGA to become an official organization .

**On May 25, 2018
the AHKGA
officially became
an incorporated
not-for-profit
organization in
Canada.**



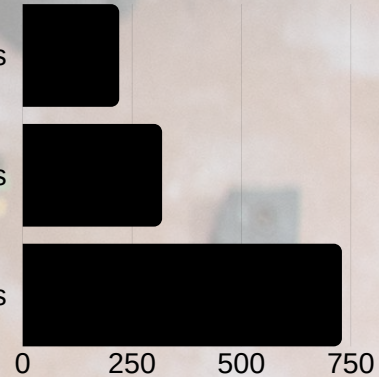
AHKGA ONLINE



Tweets

Followers

Likes



40,388 pageviewers

**Average session duration:
2m:36s**



**32 websites were created
by various Report Card leaders**



**Over 100 citations in 2018
from publications**

MOVEMENT TO MOVE CONFERENCE

Adelaide, Australia - November 26-29, 2018

AWARDS

Best Report Card



FINLAND

Best Report Card
Poster



SLOVENIA

Best Contributor to
the Global Matrix 3.0



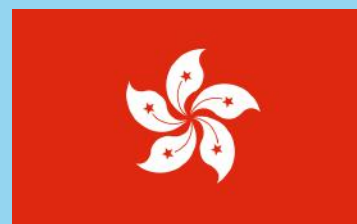
ALEŠ GÁBA
CZECH REPUBLIC

Most Responsive Report
Card Leader



PATRICK ABI NADER
LEBANON

Best Report Card Promoter



STEPHEN WONG
HONG KONG



Best Contributor Nominees



Best Poster Nominees

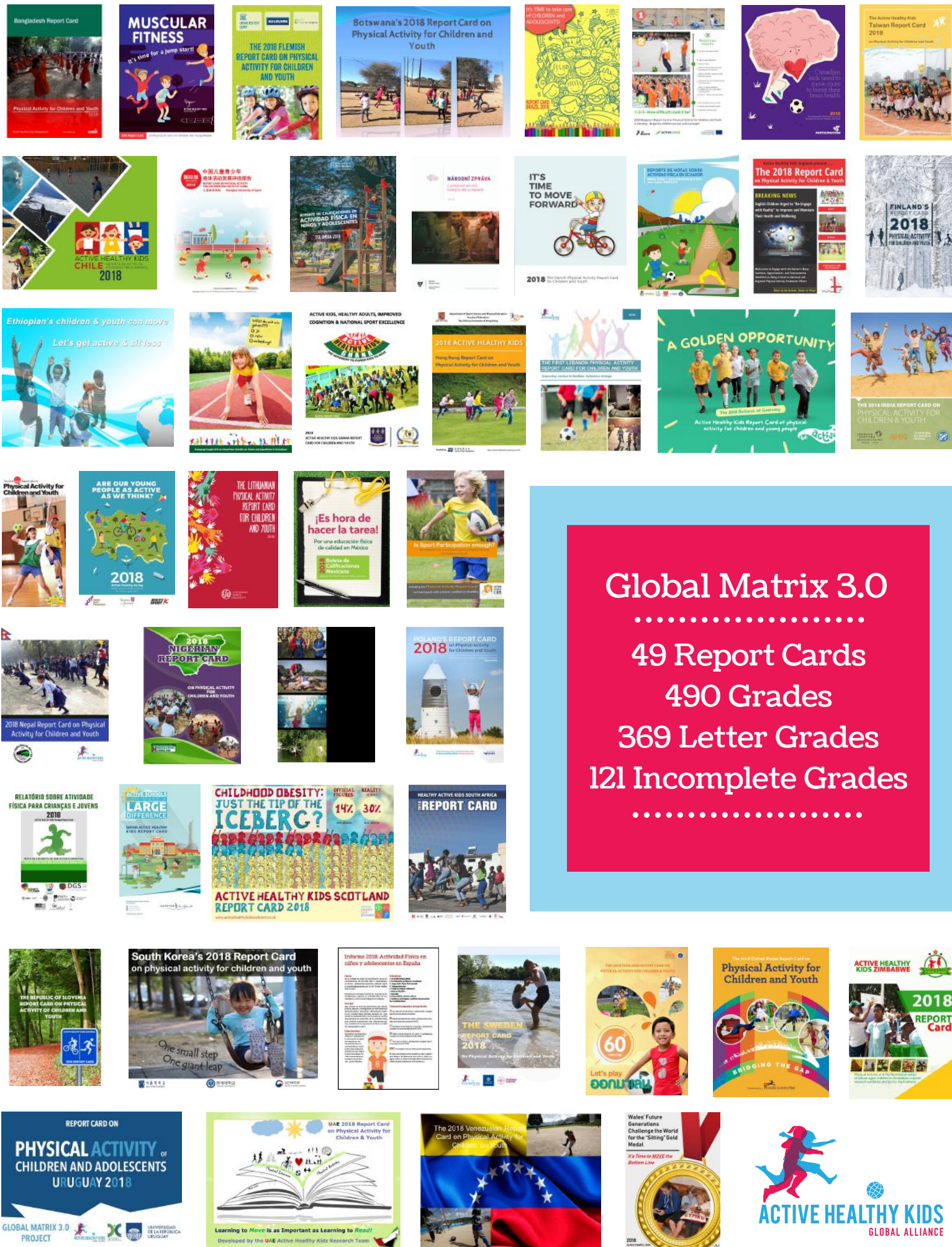


Best Report Card



Most Responsive Nominees





PUBLICATIONS+ PRESENTATIONS

Publications

- Aubert S, Barnes JD, Forse M, et al. International Impact of the Report Cards and Global Matrices of Physical Activity Grades for Children and Youth. J Phys Act Health. 2018.
- Batista KR, Couto JO, De Oliveira MC, et al. Flexibility in Brazilian Children and Adolescents: A Systematic Review. Rev Bras Cineantropom Desempenho Hum. 2018;20(4):472-482.
- Da Silva KS, Bandeira AS, Dos Santos PC, et al. Systematic Review of Childhood and Adolescence Sedentary Behaviour: Analysis of the Report Card Brazil 2018. Rev Bras Cineantropom Desempenho Hum. 2018;20(4):415-445.
- Davoli GB, Lima LR, Silva DA. Abdominal Muscular Endurance in Brazilian Children and Adolescents: A Systematic Review of Cross-Sectional Studies. Rev Bras Cineantropom Desempenho Hum. 2018;20(4):483-496.
- De Lima TR, Moraes MS, Martins PC, et al. Diversity of Parameters in the Muscle Strength Evaluation of Brazilian School Children and Adolescents: A Systematic Review. Rev Bras Cineantropom Desempenho Hum. 2018;20(4):497-516.
- Ferrari GL, De Vito ER, Ferrari TK, et al. Active Transportation to School for Children and Adolescents from Brazil: A Systematic Review. Rev Bras Cineantropom Desempenho Hum. 2018;20(4):406-414.
- Filho VC, Da Costa RM, Knebel MT, et al. The Prevalence of Global Physical Activity Among Young People: A Systematic Review for the Report Card Brazil 2018. Rev Bras Cineantropom Desempenho Hum. 2018;20(4):367-387.
- Gonçalves EC, Bandeira AS, Dos Santos PC, et al. Prevalence of Brazilian Children and Youth Who Meet Health Criteria for Cardiorespiratory Fitness: Systematic Review. Rev Bras Cineantropom Desempenho Hum. 2018;20(4):446-471.
- Journal of Physical Activity and Health. 2018; 15(S2): S251-S435: Contains 4 Articles and 49 Country Report Card Summaries.
- Aubert S, Barnes JD, Abdeta C, et al. Global Matrix 3.0 Physical Activity Report Card Grades for Children and Youth: Results and Analysis from 49 Countries. J Phys Act Health. 2018;15(S2):S251-S273.
 - Aubert S, Barnes JD, Aguilar-Farias N, et al. Report Card Grades on the Physical Activity of Children and Youth Comparing 30 Very High Human Development Index Countries. J Phys Act Health. 2018;15(S2):S298-S314.
 - González SA, Barnes JD, Abi Nader P, et al. Report Card Grades on the Physical Activity of Children and Youth from 10 Countries with High Human Development Index – Global Matrix 3.0. J Phys Act Health. 2018;15(S2):S284-S297.
 - Manyanga T, Barnes JD, Abdeta C, et al. The Indicators of Physical Activity among Children and Youth in Nine Countries with Low and Medium Human Development Indices: A Global Matrix 3.0 Paper. J Phys Act Health. 2018;15(S2):S274-S283.
- Maillane-Vanegas S, Codogno JS, Turi BC, et al. Prevalence of Sports Participation Among Brazilian Adolescents: A Systematic Review. Rev Bras Cineantropom Desempenho Hum. 2018;20(4):388-394.
- Mandiuk A. Levels of Involvement of Children and Adolescents in Various Forms of Motor Activity in Ukraine and Member Countries Active Healthy Kids Global Alliance. Slobzhansky Herald of Science And Sport. 2018;3(65):40-44.
- Manta SW, Da Silva KS, Minatto G, et al. Community and Environment for Physical Activity Among Young People: A Systematic Review of the Report Card Brazil 2018. Rev Bras Cineantropom Desempenho Hum. 2018;20(4):543-562.
- Mendes AA, Lopes WA, Locateli JC, Et Al. The Prevalence of Active Play in Brazilian Children and Adolescents: A Systematic Review. Rev Bras Cineantropom Desempenho Hum. 2018;20(4):395-405.
- Silva DA, Tremblay MS. It's Time to Take Care of Brazilian Children and Adolescents. Rev Bras Cineantropom Desempenho Hum. 2018;20(4):363-366.
- Simões CF, Lopes WA, Remor JM, et al. Prevalence of Weight Excess in Brazilian Children and Adolescents: A Systematic Review. Rev Bras Cineantropom Desempenho Hum. 2018;20(4):517-531.
- Tebbar WR, Oliveira CB, Gil FC, et al. Physical Activity of Parents and of Their Children: A Systematic Review of Brazilian Sample Studies – Report Card Brazil. Rev Bras Cineantropom Desempenho Hum. 2018;20(4):532-542.



PUBLICATIONS+ PRESENTATIONS

Presentations

54 Presentations made at the Movement to Move Conference. 2018. Adelaide, Australia.

Aubert S. Evidence of Impact of Active Healthy Kids Global Alliance Report Cards (International). Active Living Research Conference, 2018. Canada.

Aubert S. International Impact of the Report Cards and Global Matrices of Physical Activity Grades for Children and Youth. 4th Annual Canadian Global Health Students and Young Professionals Summit, 2018. Canada.

Brazo-Sayavera J. Global Matrix 3.0: Actividad Física en Niños Y Adolescentes Uruguayos. Encuentro De Investigadores De La Región Noreste, 2018. Uruguay.

Brazo-Sayavera J. Reporte de Actividad Física en Niños Y Adolescentes Uruguayos 2018. XVII Encuentro Nacional XII Internacional De Investigadores En Educación Física, 2018. Uruguay.

Cardon G. Results from Belgium's Report Cards on PA in Children and Youth. Symposium Shanghai University of Sports, 2018. Belgium.

Chang, CK. Active Healthy Kids Report Card on Physical Activity for Children and Youth in Asian: The Preliminary Results of Chinese Taipei (Taiwan). ISBNPA 2018 Annual Meeting, 2018. Taiwan.

Lee EL. Experience from Global Matrix 2.0 and Progress of the 2018 South Korea's Report Card on Physical Activity for Children and Youth. ISBNPA 2018 Annual Meeting, 2018. South Korea.

Liu Y. Results from China Report Card on Physical Activity for Children and Youth. ISBNPA 2018 Annual Meeting, 2018. China.

Löf M. Results from Sweden's 2018 Report Card on Physical Activity for Children and Youth. Pep Forum, 2018. Sweden.

Makaza D. Results from Zimbabwe's 2018 Report Card on Physical Activity for Children and Youth. 1st Zimbabwe Physical Education and Sports Teachers Association (Zipesta) Annual Conference, 2018. Zimbabwe

Nyawornota VK. 2016 Report Card of Physical Activity Levels of Children and Youth in Canada. College of Education, University of Ghana 70th Anniversary Colloquium, 2018. Ghana.

Nyawornota VK. Report Card of Physical Activity Levels of Children and Youth in Ghana. IC-PASHDA, 2018. Ghana.

Ocansey RT. Childhood Physical Inactivity Reaches Crisis Levels Around the Globe: The Ghana RC Says 70% of Children and Youth Have Failing PA Grades. Launching of the 2018 RC on PA Levels of Children and Youth in Ghana, 2018. Ghana.

Schranz N. Children and HPE: What the Data Say and What the Children Tell Us. ACHPER (SA) Health and PE Conference, 2018. Australia.

Schranz N. Children, Physical Activity and HPE: Data, Children's Voice, and Connection with Curriculum. PDHPE k-10 Conference: The State of Play in PDGPE k-10, 2018. Australia.

Stylianou M. Physical Activity & Sport: Data and Children and Young People's Voice. Association of Independent Schools NSW: Heads of Sport Conference, 2018. Australia.

Tremblay MS. Physical Activity, Economic Development and Obesity in Africa: Insights From The Global Matrix 2.0. IC-PASHDA, 2018. Africa.

Tremblay MS. Policy Lessons Learned Through the Active Healthy Kids Global Alliance Report Cards. ISPAH, 2018. International.

Tremblay MS. Results from Canada's 2018 Report Card on Physical Activity for Children and Youth. Annual Scientific Conference of The Canadian Society of Exercise Physiology, 2018. Canada

Wong, S. From Sitting to Moving: Research Evidence on Children and Young Adults. The 2nd International Summit Forum on "Exercise And Healthy Chind 2030", 2018. Hong Kong.



Czech Republic Report Card Release



Sweden Report Card Release



Taiwan International Conference on Physical Activity and Exercise

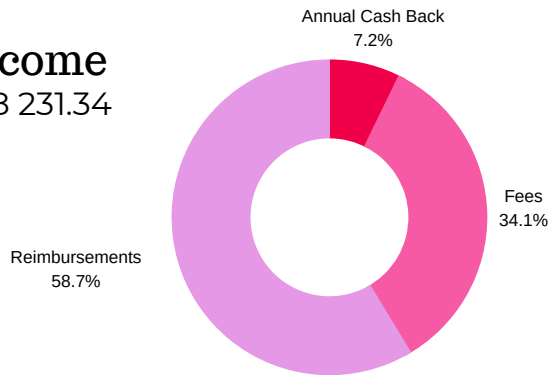


Colombia Report Card Release

Financial Review

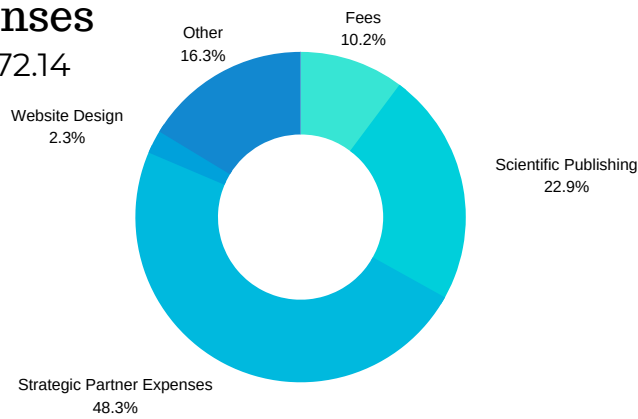
Income

\$58 231.34



Expenses

\$25 872.14

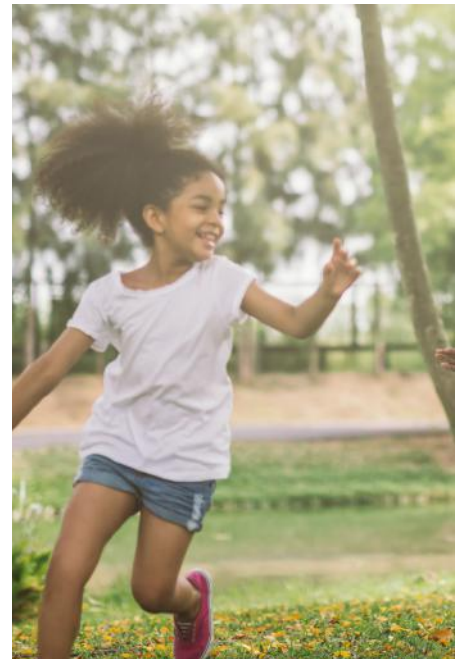


Strategic Partnerships Formed in 2018

- International Sport and Culture Association (August, 2018)
- Lithuanian Sports University (December, 2018)

Moving Forward

Planning for the Global Matrix 4.0 is underway!




Contact Us

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