

It's Time to Move Forward - Closing the Implementation Gap

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Introduction

There is a need for gathering and translating high quality knowledge on children, youth and physical activity (PA) to guide practice, program and policy development.

Methods

Designated members from The Report Card Research Committee identified and presented best available information on specific indicators and suggested a letter grade. The presentation and preliminary assessment formed the starting point for joint committee discussions to establish consensus for each indicator.

Results

Indicator assessments were based on national surveys, key research publications and government reports/legislative documents. It was possible to grade 7 of 10 indicators. 3 indicators were not assigned a grade due to insufficient and/or incomplete data.

Research and monitoring gaps remain that, if addressed, would better inform the report card process. Firstly, methodological challenges related to objective versus subjective measures are observed. Secondly, quality data is missing on important topics like Active Play; The influence of Family and Peers on children and youth PA; and Physical Fitness of children and youth.

Conclusion

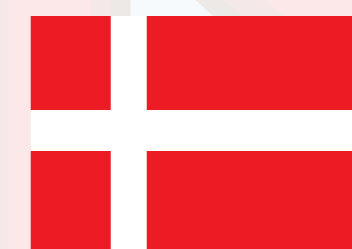
The 2016 Danish Report Card on PA for children and youth showed that Denmark performed rather well on strategic and political levels. The impact on the individual level were, however, scanty. This indicated an implementation gap between the governmental and individual level. Two years later, the implementation issue remains the perhaps greatest challenge – alongside the need for more comprehensive and methodologically solid studies to better address and grade the full range of indicators.

Table of letter grades

| Indicator | Grade |
|-------------------------------|-------|
| Overall Physical Activity | D- |
| Organized Sport Participation | A- |
| Active Play | INC |
| Active Transportation | B+ |
| Sedentary Behaviours | D+ |
| Physical Fitness | INC |
| Family and Peers | INC |
| School | A- |
| Community and Environment | B+ |
| Government | A- |

The Danish Active Healthy Kids Committee

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