

Report Card Development Team

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Any data or resources that could be helpful to better inform these grades for future Report Cards can be sent to jjjeon@yonsei.ac.kr

2016 South Korea's Report Card on Physical Activity for Children and Youth



Where We Stand as a Nation
and How to Move Forward

About Report Card

What?

The Report Card is:

- 1) a synthesis of the most recently available published or unpublished data related to the physical activity of children and youth in a specific country.
- 2) a global effort to advance knowledge about how individual countries are being responsible in providing physical activity opportunities for children and youth.
- 3) an advocacy tool for issue stakeholders who affect physical activity opportunities for children and youth.

Who?

The Active Healthy Kids Global Alliance is a network of researchers, health professionals and stakeholders who are working together to advance physical activity in children and youth from around the world.

When?

The Active Healthy Kids Global Alliance was established in 2014, following the success of the world's first Global Summit on the Physical Activity of Children in Toronto. The 2016 Global Matrix 2.0, which includes 38 participating countries, will launch at the International Congress on Physical Activity and Public Health in Bangkok, Thailand on November 16th, 2016.

Why?

The 2016 Report Card South Korea is an evidence-based resource that provides a comprehensive evaluation of physical activity and sedentary behaviour among children and youth in South Korea. We hope that the 2016 Report Card South Korea will be used as an authoritative education and advocacy tool. The Report Card communicates up to date statistics, identifies gaps in research and can be compared with other countries. It can also be used to promote physical activity, revise guidelines, monitor progress, and to make propositions.



Grading Rubric

	A	B	C	D	F	INC
(%)	100-81	80-61	60-41	40-21	20-0	INCOMPLETE

Indicators	Grade	Comments
Overall Physical Activity	D-	16.8% of middle school and 11.9% of high school students participated in ≥ 60 minutes of MVPA on five or more days.
Organized Sport Participation	C-	72.1% of middle school and 31.6% of high school students participated in school sport clubs.
Active Transportation	C+	The vast majority of middle school students (76.2%) and of high school students (77.4%) take active transportation to school.
Sedentary Behaviour	F	5.9% of middle and 4.8% of high school students participate in < 2 hrs/day of sedentary behaviour.
School	D	57.2% of middle school students and 14.8% of high school students participate in three or more PE classes per week.
Government Strategies & Investment	C	The Ministry of Culture, Sport and Tourism have created an Integrated Sports Council in collaboration with the Korea Institute of Sports Science, Ministry of Education, the School Union, the Korean Olympic Committee, and the Korea Council of Sports for All.
Active Play Physical Literacy Community & the Built Environment	INC	We could not be graded due to incomplete data as limited resources were identified on these indicators.

MVPA, moderate-to-vigorous physical activity; PE, physical education

You can refer to the full version of South Korea's 2016 Report Card on physical activity for children and youth for more details regarding the grades and the resources used. The long form can be found at the AHKGA website: www.activehealthykids.org