

# FINLAND'S REPORT CARD 2016

## Physical Activity for Children and Youth



A	B	C	D	F
81–100%	61–80%	41–60%	21–40%	0–20%
			D	
			D	
			D	
	B			
	B			
		C		
		C		
		C		
	B			
	B			

### Hot topics in Finland:

#### Schools on the move

- Revolution in schools – more physical activity, less sitting!
- Highly educated PE teachers

#### Early childhood education

- New indicator
- It all starts early!

#### Active commuting to school

- Independent children
- Good infrastructure

#### Strong public support

- Government programme: one hour of physical activity per day
- High priority in sports policy
- Large national programmes



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