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INTRODUCTION

Uruguay created its first Report Card on physical activity-related indicators in 2018.

The need to update the information has moved Uruguay to enroll in the fourth edition of the Global Matrix, aiming to create the second Report Card.

METHODS

A structured and harmonized approach proposed by the Active Healthy Kids Global Alliance has been followed.

The best available scientific and grey literature has been systematically searched for the indicators included in the Report Card (Overall Physical Activity, Organized Sport Participation, Active Play, Active Transportation, Sedentary Behavior, Physical Fitness, Family and Peers, School, Community and Environment, and Government).

The grading scale including A-F has been used. A new comprehensive methodology has been used to grade the Government indicator in accordance with the Active Healthy Kids Global Alliance recommendation.

RESULTS

INDICATOR	GRADE	♂	♀	INDICATOR	GRADE	♂	♀
Overall Physical Activity ↓	F	F	F	Physical Fitness	INC	INC	INC
Organized Sport Participation ↓	F	F	D	Family and Peers	INC	INC	INC
Active Play	INC	INC	INC	School ↑	B+	N/A	N/A
Active Transportation	C	C	C	Community and Environment ↑	C-	D+	C-
Sedentary Behavior ↓	D+	D+	D+	Government ↑	C	N/A	N/A

The trend analysis shows a fall in Overall Physical Activity and Organized Sport Participation, while the sources of influence School and Government presented a higher grade compared to the previous Report Card.

CONCLUSIONS

The second Uruguayan Report Card on physical activity-related indicators has been created with the most recent and available information.

This new Report Card includes gender-disaggregated data, providing relevant results to advocate for accurate and evidence-based public policies.

Compared to Uruguay's 2018 Report Card, indicators related to behavior have been graded lower, while indicators related to sources of influence have been graded higher.