



Future studies collecting objectively measured data on physical activity and its main determinants are warranted to address the gaps identified in Slovakia's Report Card.

Results from Slovakia's 2022 Report Card on Physical Activity for Children and Youth.

INTRO

- The data for several physical activity indicators were compiled into the first Slovakia's Report Card on Physical Activity for Children and Youth developed as a part of the Global Matrix 4.0 project led by Active Healthy Kids Global Alliance.

METHODS


- Multi-level search strategy.
- N = 20 sources.
- Years 2015 – 2020.
- Pre-COVID-19 data.
- 11 indicators.


RESULTS

- Grade B** was assigned to four indicators:
 - School: B
 - Overall Physical Activity: B–
 - Community and Environment: B–
 - Government: B–
- Grade C** to the six indicators:
 - Active Transportation: C
 - Organized Sport and Physical Activity: C–
 - Active Play: C–
 - Sedentary Behaviours: C–
 - Family and Peers: C–
 - Sleep: C–
- Grade D** to one indicator:
 - Physical Fitness: D+

DISCUSSION

- Almost all of grades of physical activity indicators are generally favourable.
- Future studies collecting objectively measured data on physical activity and its main determinants are warranted to address the gaps identified in the Report Card.

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