

Global Matrix 4.0 on physical activity for children and adolescents Country rankings and grades by physical activity indicators and aggregated indicators ACTIVE HEALTHY KIDS



Overall Physical Activity	,	Organised Sports and Physical Activity	y	Active Play		Active Transportation		Sedentary Behaviour		Physical Fitness		Family and Peers		School	C	ommunity and Environment	Government		Behavioral average		Sources of influence averag	e	Overall average
1 Slovenia	A-	1 Denmark A		1 Spain (Region of Murcia)	B+	1 Denmark	A-	1 Indonesia B	1	Slovenia	Α	1 Nepal A	۱+	1 Hungary A+	1	Singapore A+	1 New Zealand	А	1 Finland	B-	1 Malaysia	B+	1 Denmark B-
1 Finland	A-	2 Spain B+	-	2 Ethiopia	В	1 Japan	A-	1 Montenegro B	2	2 Japan	В	2 Montenegro A	A	2 Portugal A	1	Slovenia A+	1 South Korea	А	1 Japan	B-	1 Sweden	B+	1 Finland B-
3 Croatia	B-	2 Sweden B+		2 Montenegro	В	3 Finland	B+	1 Philippines B	2	2 Malaysia	В	2 Spain (Extremadura) A	4	2 Slovenia A	1	Sweden A+	3 Finland	A-	3 Denmark	C+	3 Denmark	В	1 Japan B-
3 Japan	B-	4 Spain (Region of Murcia) B		2 Serbia	В	3 Hong Kong	B+	4 Spain (Basque Country) B-		1 Denmark	B-	4 Thailand A	4-	2 South Korea A	4	Australia A-	3 Chile	A-	3 Slovenia	C+	3 Finland	В	1 Slovenia B-
3 Slovakia	B-	5 Australia B-		5 Denmark	B-	3 South Korea	B+	5 Ethiopia C+	4	South Africa	B-	5 Slovenia B	3+	2 Vietnam A	4	Chinese Taipei A-	5 Chinese Taipei	B+	3 Spain	C+	3 France	В	5 Czech Republic C+
3 South Africa	B-	5 Czech Republic B-		5 Lithuania	B-	6 Colombia	В	5 Israel C+	6	6 Botswana	C+	5 Sweden B	3+	6 Chinese Taipei A-	6	Denmark B+	5 Denmark	B+	3 Spain (Basque Country)	C+	3 Portugal	В	5 Montenegro C+
3 Spain	B-	5 Estonia B-		5 Spain	B-	6 Serbia	В	5 Portugal C+	6	6 Estonia	C+	7 France B	3	6 Ethiopia A-	6	Estonia B+	5 United Arab Emirates	B+	3 Spain (Region of Murcia)	C+	3 Singapore	В	5 Singapore C+
3 United States	B-	5 Germany B-		8 Mexico	C+	6 Spain (Region of Murcia)	В	5 Slovenia C+	6	Montenegro	C+	7 Jersey B	3	6 Malaysia A-	6	Ireland B+	8 Estonia	В	3 Zimbabwe	C+	3 Slovenia	В	5 South Korea C+
8 New Zealand	C+	5 Hong Kong B-		8 Nepal	C+	6 Zimbabwe	В	9 Germany C	6	Spain (Extremadura)	C+	7 Portugal B	3	6 Montenegro A-	9	Canada B	8 France	В	9 Czech Republic	С	3 South Korea	В	5 Spain C+
8 Czech Republic	C+	5 Japan B-		8 Wales	C+	10 Czech Republic	B-	9 Guernsey C	6	Sweden	C+ 1	LO Czech Republic B	3-	6 United Arab Emirates A-	9	Czech Republic B	8 Greenland	В	9 Guernsey	С	10 Chinese Taipei	B-	5 Spain (Basque Country) C+
8 Estonia	C+	5 Lithuania B-		8 Zimbabwe	C+	10 Ethiopia	B-	9 Lebanon C	11	1 France	C 1	LO Finland B	3-	L1 Czech Republic B+	9	Finland B	8 Hungary	В	9 Montenegro	С	10 England	B-	5 Sweden C+
8 Guernsey	C+	5 New Zealand B-	1	12 Croatia	С	10 Hungary	B-	9 Malaysia C	11	1 Lithuania	C 1	LO Mexico B	3-	L1 Denmark B+	9	France B	8 Ireland	В	9 Serbia	С	10 Hong Kong	B-	12 Estonia C
8 Zimbabwe	C+	5 Scotland B-	1	12 Czech Republic	С	10 India	B-	9 Nepal C	11	1 Poland	C 1	LO Spain B	3-	L1 England B+	9	Hong Kong B	8 Japan	В	13 Colombia	C-	10 Hungary	B-	12 France C
14 China	С	5 Singapore B-	1	12 France	С	10 South Africa	B-	9 Zimbabwe C	11	1 Portugal	C 1	L4 Australia C	<u>+</u>	L1 Japan B+	9	Japan B	8 Malaysia	В	13 Croatia	C-	10 Japan	B-	12 Guernsey C
14 India	С	5 Spain (Basque Country) B-	1	12 Hungary	С	10 Spain	B-	15 Botswana C-	15	Finland	C- 1	L4 Denmark C	C+	L1 Jersey B+	9	Lithuania B	8 Philippines	В	13 Ethiopia	C-	10 Jersey	B-	12 Hong Kong C
16 England	C-	5 Zimbabwe B-	1	12 Slovenia	С	16 England	C+	15 Ireland C-	15	Spain	C- 1	L6 Canada C		L1 Poland B+	9	Portugal B	8 Portugal	В	13 Germany	C-	10 Montenegro	B-	12 Hungary C
16 Montenegro	C-	17 Canada C+	. 1	15 Botswana	C-	16 Mexico	C+	15 Japan C-	15	United States	C- 1	L6 Germany C		L1 Serbia B+	9	Spain B	8 Singapore	В	13 Hong Kong	C-	10 Spain (Extremadura)	B-	12 Lithuania C
16 Singapore	C-	17 Finland C+	. 1	15 China	C-	16 Spain (Basque Country)	C+	15 New Zealand C-	15	Wales	C- 1	L6 Lithuania C		L1 Uruguay B+	9	Spain (Extremadura) B	8 Sweden	В	13 India	C-	10 Thailand	B-	12 Malaysia C
16 Ireland	C-	17 Guernsey C+	. 1	15 Finland	C-	16 Thailand	C+	15 Serbia C-	19	Australia	D+ 1	L6 Spain (Region of Murcia) C		L9 Brazil B	19	Colombia B-	8 Thailand	В	13 Lithuania	C-	10 Vietnam	B-	12 New Zealand C
20 Argentina	D+	17 Poland C+	. 1	15 Germany	C-	20 Botswana	С	15 Singapore C-	19	Brazil	D+ 1	L6 Vietnam C		L9 Finland B	19	Croatia B-	20 Canada	B-	13 Mexico	C-	20 Australia	C+	12 Poland C
20 Botswana	D+	21 France C	1	15 Singapore	C-	20 Brazil	С	15 Slovakia C-	19	Germany	D+ 2	21 Botswana C	C-	L9 France B	19	Germany B-	20 Indonesia	B-	13 Nepal	C-	20 Canada	C+	12 Portugal C
20 Chile	D+	21 Ireland C	1	15 Slovakia	C-	20 China	С	15 South Africa C-	19	Slovakia	D+ 2	21 Brazil C)-	L9 Hong Kong B	19	Scotland B-	20 Slovakia	B-	13 New Zealand	C-	20 Czech Republic	C+	12 Serbia C
20 Colombia	D+	21 Mexico C	2	23 Portugal	D+	20 Germany	С	15 Vietnam C-	23	Hong Kong	D 2	21 China C	C-	L9 Slovakia B	19	Slovakia B-	20 Vietnam	B-	13 Poland	C-	20 Estonia	C+	12 Slovakia C
20 Lithuania	D+	21 Montenegro C	2	24 Estonia	D	20 Nepal	С	24 Argentina D+	24	Spain (Region of Murcia	ia D- 2	21 Estonia C)-	L9 Sweden B	19	South Korea B-	24 Colombia	C+	13 Singapore	C-	20 Germany	C+	12 Zimbabwe C
20 Nepal	D+	21 Slovenia C	2	24 Hong Kong	D	20 Singapore	С	24 China D+	24	4 Thailand	D- 2	21 Japan C	<u></u>	25 Canada B-	-	Serbia C+	24 Guernsey	C+	13 Slovakia	C-	20 Ireland	C+	25 Australia C-
20 Serbia	D+	21 United States C	2	26 Canada	D-	20 Slovakia	С	24 Chinese Taipei D+	26	Indonesia	F 2	21 Poland C	C-	25 Croatia B-		Brazil C	24 Hong Kong	C+	13 South Africa	C-	20 Lithuania	C+	25 Canada C-
20 Sweden	D+	21 Wales C	2	27 Brazil	F	20 Slovenia	С	24 Colombia D+		Argentina	INC 2	21 Serbia C	C-	25 Germany B-		England C	24 India	C+	13 South Korea	C-	20 New Zealand	C+	25 Chinese Taipei C-
28 Brazil	D	28 Argentina C-	2	27 Chinese Taipei	F	20 Sweden	С	24 Croatia D+		Canada	INC 2	21 Singapore C)-	25 Guernsey B-	26	Montenegro C	24 Lithuania	C+	13 Sweden	C-	20 Philippines	C+	25 Colombia C-
28 Canada	D	28 Brazil C-	2	27 Indonesia	F	20 Uruguay	С	24 Denmark D+		Chile	INC 2	21 Slovakia C)-	25 Thailand B-	26	Nepal C	29 Ethiopia	С	29 Argentina	D+	20 Slovakia	C+	25 Croatia C-
28 Denmark	D*	28 Chile C-	2	27 Thailand	F	30 Canada	C-	24 England D+		China	INC 2	21 South Africa C)-	25 Wales B-		Poland C	29 Israel	С	29 Australia	D+	20 Spain	C+	25 England C-
28 Mexico	D	28 Croatia C-		Argentina	INC	30 Chinese Taipei	C-	24 Lithuania D+		Chinese Taipei	INC 2	21 South Korea C)-	31 Australia C+	1920 : 2000	25.0	29 Jersey	С	29 Botswana	D+	20 United Arab Emirates	C+	25 Ethiopia C-
28 Spain (Region of Murcia)	D	28 Ethiopia C-		Australia	INC	30 Croatia	C-	24 Spain (Region of Murcia) D+		Colombia	INC 3	32 Croatia D)+	31 Estonia C+		Vietnam C	29 Mexico	С	29 China	D+	20 Uruguay	C+	25 Germany C-
28 Thailand	D	28 Hungary C-		Chile	INC	30 Guernsey	C-	24 Uruguay D+		Croatia	INC 3	B2 Hungary D)+	31 Israel C+	26	Wales C	29 Montenegro	С	29 England	D+	33 Brazil	С	25 India C-
34 Australia	D-	28 Nepal C-		Colombia	INC	30 Israel	C-	34 Brazil D		Czech Republic	INC 3	32 Ireland D)+	31 Lithuania C+	+ -	Argentina C-	29 Poland	С	29 Estonia	D+	33 Chile	C	25 Ireland C-
34 France	D-	28 Portugal C-		England	INC	30 Poland	C-	34 Czech Republic D		England	INC 3	32 Wales D)+	New Zealand C+	34	Ethiopia C-	29 Scotland	C	29 France	D+	33 Colombia	С	25 Jersey C-
34 Greenland	D-	28 Serbia C-		Greenland	INC	30 Scotland	C-	34 Hong Kong D		Ethiopia	INC 3	36 Chile D)	S1 Spain (Extremadura) C+	60 E0 60 E0	Israel C-	29 South Africa	C	29 Hungary	D+	33 Croatia	C	25 Mexico C-
34 Israel	D-	28 Slovakia C-		Guernsey	INC	30 Wales	C-	34 Hungary D		Greenland	INC 3	36 Guernsey)	S1 Spain (Region of Murcia) C+			29 Spain	C	29 Ireland	D+	33 Greenland	C	25 Nepal C-
34 Lebanon	D-	38 Botswana D+		India	INC	38 Australia	D+	34 Jersey D		Guernsey	INC 3	Reference D)	38 Chile C			29 Uruguay	C	29 Israel	D+	33 Guernsey	C	25 Philippines C-
34 Malaysia	D-	38 Colombia D+		Ireland	INC	38 Estonia	D+	34 Poland D		Hungary	INC 3	39 Chinese Taipei)-	38 India C	34	Zimbabwe C-	29 Wales	0	29 Lebanon	D+	33 Nepal	C	25 South Africa C-
34 South Korea	D-	38 Spain (Extremadura) D+		Israel	INC	38 France	D+	34 South Korea D		India	INC 3	se israel D)-	38 Nepal C	40	Cross-law-d	40 Australia	C-	29 Philippines	D+	33 Poland	C	25 Spain (Extremadura) C-
34 Germany	D-	38 Inaliand D+		Japan	INC	38 Lepanon	D+	34 Spain D		Ireland	INC 3	SO United And E)-	ZIMBabwe C	40	Greenland D+	40 Spain (Extremadura)	C-	29 Portugal	D+	33 Serbia	C	25 Spain (Region of Murcia) C-
3/ Hang Kang	D-	42 England D		Lobanan	INC	30 Miotnam	D+	34 Sweden		Israel	INC 3	12 Ethionia)- ·	12 Iroland C-	40	Spain (Pagion of Mussia) Di	42 Argentina	D+	29 Scotland	D+	12 Ethionia	C	25 Vietnam C-
34 Hong Kong 44 Chinasa Tainai	D-	42 Greenland D		Malaysia	INC	44 Chile	D+	24 United States		Lohanon	INC 4	12 Indonesia		12 Ireland C-	40	Spain (Region of Murcia) D+	42 Brazil	D+	44 Prozil	D+	13 Ethiopia	C-	43 Argentina D+
44 Chinese Taipei	Г	42 ISI del D		Now Zooland	INC	44 Cilile	D	45 Australia		Movico	INC 4	Argontino	NC	12 Spain	44	Movico	42 Crock Bonublic	D ₁	44 DidZII	D	12 Icraal	C-	43 Botswana D+
44 Hungary	Г	45 Chinese Taipei D- 45 South Africa D-		New Zealand Philippines	INC	44 Heland	D	45 Australia D-		Nonal	INC	Colombia	NC	16 Colombia D+	44	South Africa D	42 Czech Republic 42 Serbia	DI	44 Chilo	D	13 Mexico	C	43 Chilo
44 Indonesia	Г	45 South Africa D-		Poland	INC	44 Jersey	D	45 Cilile D-		Now Zooland	INC	England	NC NC	16 Movice D	44	Potswana D	4Z Serbia	D	44 Cille	D	12 Scotland	C-	43 Cilile D+
44 Jorsov	Г	47 Cillia F		Scotland	INC	44 New Zealand	D	45 Eranco		New Zealand	INC	Granland	NC	19 China	47	China D	47 Cillia 47 Lohanon	D	44 Miotnam	D	12 Spain (Pogion of Murcia)	C-	43 Greenland D+
44 Philippines	Г	47 Indonesia F		South Africa	INC	44 New Zedidilu 44 Dhilippines	D	45 India		Scotland	INC	Hong Kong	NC	18 Lebanon D	47	Guernsey	47 Clovenia	D	44 Vietnam	D	43 Spain (Region of Murcia)	D+	43 Israel D+
44 Spain (Extremadura)	F	India INC		South Korea	INC	50 Indonesia	D-	45 Mexico		Serhia	INC	Hong Kong II	NC	50 South Africa		Hungary	47 Spain (Region of Murcia)	D	50 Chinese Tainei	D-	19 South Africa	D+	43 Thailand
44 Hruguay	F	Jersey	C	Spain (Basque Country)	INC	50 Malaysia	D-	45 United Arab Emirates D-*	**	Singanore	INC	Lebanon	NC	50 United States D-		lersey INC	47 Jimbabwe	D	50 Greenland	D-	49 United States	D+	43 United Arab Emirates D+
44 Vietnam	F	Lebanon INC		Spain (Extremadura)	INC	50 Portugal	D-	52 Canada E		Singapore South Korea	INC	Malaysia	NC	52 Indonesia		Lehanon INC	52 Rotswana	D-	50 Indonesia	D-	19 7imhahwe	D+	12 United States Du
44 Wales	F	Malaysia INC		Sweden	INC	50 United States	D-	52 Scotland		Spain (Rasque Country	/) INC	Philinnines	NC	Argentina		Malaysia	53 Nenal	F	50 Jersey	D-	53 Botswana	D	43 Uruguay D+
44 United Arab Emirates	F	Philinnines	C	United Arab Emirates	INC	54 United States 54 United Arab Emirates	F	52 Thailand		United Arab Emirates	INC	Spain (Basque Country) II	NC	Greenland	1	New Zealand INC	Fngland	INC	50 Spain (Extremadura)	D-	53 China	D	43 Wales
Poland	INC	South Korea INC	C	United States	INC	Argentina	INC	52 Wales E		Uriigijav	INC	United States II	NC	Scotland INC	1	Philinnines INC	Germany	INC	50 Thailand	D-	53 Indonesia	D	55 China
Scotland	INC		<u> </u>		INC	Greenland	INC	Finland	`	Vietnam	INC		NC			Spain (Basque Country) INC	Spain (Basque Country)	INC	50 Hruguay	D-	53 Lehanon	D	55 Lehanon D
Spain (Basque Country)	INC	United Arab Emirates INC Vietnam INC	<u> </u>	Vietnam	INC	Spain (Extremadura)	INC	Greenland		7imhahwe	INC	7imhahwe	NC	Spain (Basque Country) INC		United Arah Emirates INC	United States	INC	57 United Arah Emirates	F	Spain (Basque Country)	INC	55 Indonesia D-
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<u>activehealthyk1</u>

Graded B- to A+

Graded C- to C+



Graded F to D+





Graded INC